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#### TANZANIA MEDICINES AND MEDICAL DEVICES AUTHORITY



# POST MARKETING SURVEILANCE REPORT FOR SELECTED HUMAN AND VETERINARY MEDICINES CIRCULATING IN TANZANIA

2016 - 2017

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#### **ABBREVIATIONS**

**ADDO** - Accredited Drug Dispensing Outlet

**DG** - Director General

**DLS** - Directorate of Laboratory Services

**DMC** - Directorate of Medical Products Control

**GMP** - Good Manufacturing Practices

**HC** - Health Centre

LGAs - Local Government Authorities

MAH - Marketing Authorization Holders

MOHCDGEC - Ministry of Health, Community

Development, Gender, Elderly and

Children

**MSD** - Medical Stores Department

PMS - Post Marketing Surveillance

QA - Quality Assurance

QC - Quality Control

**SOPs** - Standard Operating Procedures

**SPC** - Summary of Product Characteristics

**TFDA** - Tanzania Food and Drugs Authority

TLC - Thin Layer Chromatography

WHO - World Health Organization

#### **ACKNOWLEDGMENTS**

This report presents results for the quality surveillance of selected human and veterinary medicines monitored in the year 2016/17 as part of the three years structured Post Marketing Surveillance (PMS) programme from 2014/15 to 2016/17. This work would not have been possible without the commitment of TMDA staff and various stakeholders who worked tirelessly to implement the different phases of the programme.

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Last but not least, the TMDA Management team is highly acknowledged for their support and leadership which facilitated the successful implementation of the activities.

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#### **FOREWORD**

The Tanzania Medicines and Medical Devices Authority (TMDA) is mandated to monitor medicines circulating on the Tanzanian market to ensure that they are of good quality, safe and efficacious through various regulatory mechanisms including the Post Marketing Surveillance (PMS) programme.

PMS involves sampling of medicines from the market using a pre-arranged sampling plan, physical collection of samples, product information review and quality control testing in the laboratory.

Through development of three years PMS programme, TMDA previously known as TFDA has been able to monitor the quality of different selected human and veterinary medicines randomly sampled from different levels of medicine distribution channels. In this way, substandard and falsified medicines were detected and appropriate regulatory actions taken.

The programme is implemented annually and every year different types of medicines are monitored to ascertain their quality. Results from previous years indicated low compliance on labelling and package insert requirements but high compliance for laboratory tests. Almost 83% and 92% of human and veterinary medicines failed to meet labelling and package insert

requirements respectively. However, results of confirmatory tests as per monograph requirement indicated high compliance rate of 95% and 89.2% for samples of human and veterinary medicines respectively.

In this report, result of the quality of human medicines namely; Albendazole tablets, Diclofenac/Paracetamol tablets, Dexamethasone/Neomycin ear/eye drops and Oxytetracycline 10% and 20% injection / powder for injection surveyed in the year 2016/17 are presented. Low compliance to labelling requirements as a major deficiency observed in this survey. Majority 62% (208/337) of the samples of human medicines lack list of excipients on package inserts whereas 66% (86/130) of veterinary medicines had inappropriate storage condition instructions on the label and package inserts.

Nevertheless, the PMS planned activities have been successfully completed due to the coordinated team work which involved various stakeholders within and outside TMDA. I thank all who were involved, including our collaborators and partners for the well done job.

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#### **EXECUTIVE SUMMARY**

During final year (2016/2017) of implementation of the three years (2014 – 2017) PMS program, TMDA through the so called TFDA assessed the quality of selected human medicines namely Albendazole tablets, Diclofenac/Paracetamol tablets, Dexamethasone/Neomycin ear/eye drops and veterinary medicines - Oxytetracycline 10% and 20% injection / powder for injection.

Samples were systematically collected from both public and private hospitals, pharmacies, dispensaries, accredited drugs dispensing outlets (ADDOs), Medical Stores Department (MSD) and veterinary clinics located in Mwanza, Dar es Salaam, Kagera, Arusha, Mtwara, Mbeya, Simiyu, Kigoma, Manyara and Shinyanga regions.

All sampled medicines were subjected to Tier I screening tests which involved product information review and laboratory testing using GPHF minilab kit. Samples which failed Tier I screening tests together with 10% of those complied were taken to Tier II confirmatory testing at WHO TFDA laboratory.

A total of 337 (78%) samples of human and 130 (68%) veterinary medicines were collected out of 432 and 192 respectively as planned. Review of information on the labels and package inserts of the collected samples revealed that, majority 62% (208/337)

of the samples of human medicines lack list of excipients on package inserts whereas 66% (86/130) of veterinary medicines had inappropriate storage condition instructions on the label and package inserts.

Notably, all samples of human and veterinary medicines passed physical appearance test except eight (8) samples of Diclofenac/Paracetamol tablets which had brown spots on the tablets. Additionally, samples of Albendazole tablets passed identification tests by TLC and disintegration test.

Furthermore, samples for Dexamethasone/Neomycin eye/ear drops taken for confirmatory test passed identification, sterility, assay and bioassay tests. Likewise, all samples of Albendazole and Diclofenac/Paracetamol passed identification tests. However, 1.2% (9/13) samples of Albendazole and 0.7% (1/139) Diclofenac/Paracetamol failed dissolution and assay tests respectively. Similarly, 9.9% (7/71) samples of Oxytetracycline 20% failed assay test.

It is evidenced from the finding of this surveillance that, strengthening enforcement post registration of medicines is very crucial. This is because, manufactures still failed to comply with labelling requirements as observed in the previous surveys conducted. Nevertheless, substandard medicines were also found on the market.



#### 1. INTRODUCTION

Structured Post Marketing Surveillance (PMS) programme is one of the two (2) principle approaches utilized by Tanzania Medicines and Medical Devices Authority (TMDA) to ascertain the quality of medicinal products circulating on the market. It is a systematic quality assurance measure to monitor the quality of registered medicines circulating on Tanzania market, after they have been subjected to and passed the pre-registration assessment processes.

Among the critical processes involved in PMS are proper planning and systematic sampling of medicines from the market using a pre-defined sampling plan so as to get good representation of medicines used for treatment of priority diseases. Sampling is performed by trained and qualified sample collectors. Comprehensive review of product information against the approved information, physical examination of product samples, laboratory screening and confirmatory testing of the collected samples were among other important aspects/elements of the PMS programme.

The so called TFDA, developed the third structured PMS programme for a period of three years between 2014/15 and 2016/17 after successful implementation of the two earlier programmes (2007 – 2009 and 2010 - 2013). Previous PMS programmes and the two years of this programme showed that

some of the samples of human and veterinary medicines did not meet quality standards and this calls for continuous monitoring of products circulating on Tanzania market.

The last two phases (V and VI) of the 2014/15 – 2016/17 PMS programme were implemented in 10 regions and included medicines for human and veterinary use namely Albendazole, Diclofenac/Paracetamol, Dexamethasone/Neomycin and Oxytetracycline 10% and 20% in different dosage forms.

The aforementioned medicines were sampled from different distribution points in the supply chain including public and private procurement and supplies agents, public and private hospitals and other outlets. These embraced Medical Stores Department (MSD), public and private hospitals, dispensaries, and health centres, wholesale and retail pharmacies, Accredited Drugs Distribution Outlets (ADDO) and veterinary medicines outlets in the regions namely; Mwanza, Dar es Salaam, Kagera, Arusha, Mtwara, Mbeya, Simiyu, Kigoma, Manyara and Shinyanga.

Collected samples were analysed at WHO pre-qualified TFDA laboratory to verify compliance with quality standards. This report henceforth highlights results obtained and regulatory actions taken by TFDA.

#### 2. OBJECTIVES

#### 2.1 Broad Objective

To determine quality of selected human and veterinary medicines circulating in Tanzanian market in the year 2016/2017.

#### 2.2 Specific Objectives

The specific objectives of the surveillance were:-

- 2.2.1 To conduct laboratory quality control testing of samples of selected medicines (Albendazole tablets, Diclofenac + Paracetamol tablets, Dexamethasone + Neomysin eye drop and Oxytetracycline 10% & 20% for injection/powder for injection solution).
- 2.2.2 To propose possible strategies and implementation plans to address the problems identified by the survey.
- 2.2.3 To inform the public on the quality status of circulating medicines.

# 2.3 Exploratory Objective

2.3.1 To determine availability of selected medicines (Albendazole tablets, Diclofenac + Paracetamol tablets, Dexamethasone + Neomysin eye drop and Oxytetracycline 10% & 20% for injection/powder for injection solution) on the market.

#### 3. METHODOLOGY

# 3.1 Sampling Sites

Randomly selected one (1) district and city within eight (8) regions namely Arusha, Dar es Salaam, Mtwara, Mwanza, Kigoma, Kagera, Mbeya and Simiyu participated in the survey. Regions were selected based on the following criteria:-

- Regions bordering other countries
- · Regions that are not frequently inspected
- · Areas reported to have medicine quality problems
- · Regions not involved in the previous PMS programmes

In each region samples were taken from MSD, public and private hospitals, dispensaries, health centres, wholesale and retail pharmacies, ADDO, and veterinary medicines outlets.

#### 3.2 Sampling

# 3.2.1 Collection of Samples

Sampling of the selected medicines was done based on sampling plan attached as Annex I. Sampling plan highlighted detailed information on sampling sites, name of product, number of brands to be collected for each product, number of batches for each product, dosage forms, strength, pack size and number of units to be collected for each product. It also detailed specific sites of sampling at regional and district levels.

Samples were collected by using attached sampling form (Annex II) in their original containers by trained inspectors in accordance with the Standard Operating Procedure.

# 3.2.2 Handling of collected samples

Each collected sample was coded according to the prescribed coding format. Coding was done to identify samples collected from different regions and thus helped to differentiate and avoid mix up. Coded samples with respective sampling form were kept in the labelled sampling bag and sealed. Before and after transportation of the samples to TFDA headquarters, measures were taken to ensure that samples were stored according to manufacturers' recommended storage conditions as prescribed in the product labels.

# 3.3 Screening Testing (Tier I)

Samples were screened for the information provided on labels and package inserts through Product Information Review (PIR); and those with minilab screening methods were tested for disintegration test and identification test by Thin Layer Chromatography (TLC).

#### 3.3.1 Product Information Review

Information provided on the labels of primary and secondary packaging and that in the package inserts was reviewed with the aim of verifying if they still comply with labelling requirements and approved product information.

Information details checked during PIR included: -

- · Generic and trade name (if any), dosage form and strength.
- · Appearance or description of the dosage form.
- Name and address of manufacturer.
- · Batch or lot number.
- · Manufacturing and expiry dates.
- · Packaging and pack size.
- · Package inserts.
- · Registration number.
- · Language.
- · Storage instructions.

PIR results were recorded in the designed screening form provided as Annex III.

# 3.3.2 Laboratory Screening

Among all samples of medicines collected in these phases only samples of Albendazole tablets were subjected to laboratory screening tests because minilab screening methods were available. They were tested for disintegration and identity by TLC methods.

#### 3.3.2.1 Disintegration Test

Disintegration test was used to test the possibility of solid dosage

form to break into small particles and thus can dissolve and undergo dissolution to release active pharmaceutical ingredient. This was done by using disintegration test machine. The tablets which did not disintegrate within 30 minutes indicated dissolution problems necessitating confirmatory testing.

# 3.3.2.2 Identification Test by Thin layer Chromatography

TLC method was used for quantitative determination of active ingredients, related substances and impurities present in the dosage form. This method employs the principle of comparing spots obtained between test and reference solutions. The principal spot obtained with the test solution must correspond with the chromatographic runs of the lower and higher standard solutions in terms of colour, shape, size, intensity and retardation factor  $(R_r)$  value.

# 3.4 Laboratory Confirmatory Testing (Tier II)

Samples of medicines which did not have minilab screening methods were taken for laboratory tests according to their pharmacopoeia monograph or manufacturer's methods. All samples that failed screening test, all samples with doubtful screening results and 10% of all passed samples were selected for confirmatory testing. Confirmatory testing was performed by analysing each product as per pharmacopoeia monograph requirements. Parameters checked for each type of medicine were as shown in the table 1 below

Table 1: Method of analysis used for the parameters tested in each medicine

Category of medicines	Type of medicine	Parameters tested	Analytical Method used
Human Medicines	Albendazole tablets	Identification, assay, uniformity of dosage unit	USP 38NF 33, International pharmacopoeia
	Diclofenac + Paracetamol tablets	Appearance, Identification, disintegration, dissolution, related substances assay.	Manufacturer's in house methods
	Dexamethasone + Neomycin eye drop	Identification, assay, bioassay	USP 38NF 33, International pharmacopoeia
Veterinary Medicines	Oxytetracycline 10% & 20%	Identification, assay	British pharmacopoeia 2015

#### 4. RESULTS

# 4.1 Samples Collected

# 4.1.1 Human Medicines

Samples of human medicines collected were 78% (337/432) of the planned. Many samples were from Arusha 20.2% (68/337) and few from Mtwara 7% (23/337). Of all the collected samples Diclofenac/Paracetamol amounted to 41.5% (140/337) ,Albendazole 36% (122/337) and Dexamethasone/Neomycin contributed 22% (75/337) as shown in the Table 2 below.

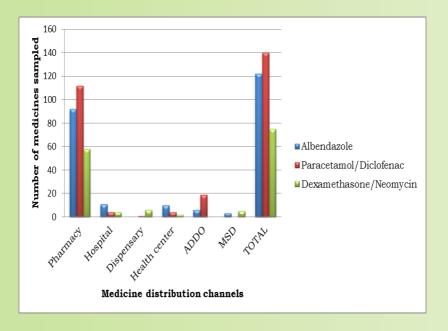
Table 2: Number of Samples of Human Medicines Collected							
	Anthelminthic	Anthelminthic Analgesic					
Region	Albendazole	Diclofenac/ Paracetamol	Dexamethasone/ Neomycin	Total			
Mwanza	14	14	10	38			
Dar es Salaam	21	22	11	54			
Kagera	14	11	10	35			
Arusha	16	37	15	68			
Simiyu	14	9	4	27			
Mtwara	10	9	4	23			
Mbeya	18	24	15	57			
Kigoma	15	14	6	35			
Total	122	140	75	337			

# 4.1.2 Veterinary Medicines

Veterinary medicines samples collected were 68% (130/192) of the planned of which 58 were oxytetracycline 10% and 72 Oxytetracycline 20%. Most of the samples were collected from Arusha 46% (60/130) and few in Dar es Salaam (0.8% (1/130)) as shown in table 3 below.

Table 3: Samples of Veterinary Medicines Collected in the Regions							
Regions	OXYTETRACYCLINE 20%	OXYTETRACYCLINE 10%	Number of samples collected				
ARUSHA	24	36	60				
DAR ES SALAAM	1	0	1				

MANYARA	5	0	5
MWANZA	10	10	20
SHINYANGA	32	12	44
	72	58	130



# 4.2 Sample Collection Sites

Figure 1 below depicts that, majority of human medicines were sampled in pharmacies - 78% (262/337) and least in dispensaries - 0.6% (2/337). Samples of Dexamethasone/Neomycin and Paracetamol/Diclofenac planned to be collected were not available in ADDOs and MSD respectively.

# Fig 1: Number of human medicines sampled at different levels of distribution channel

# 4.3 Manufacturers and countries of origin

#### 4.3.1 Human Medicines

As outlined in table 5 below, medicines sampled were from different manufacturers ranging from four (4) to thirteen (13) per product.

Table 5: Human medicines sampled with respective manufacturer (s)					
Type of medicine	Manufacturer				
	Shelys Pharmaceuticals Limited, Tanzania				
	Fourrts Laboratories Pvt-Ltd, India				
	GlaxosmithKline Africa- South Africa				
	Medopharm, India				
	Regal Pharmaceuticals Ltd, Kenya				
	Medreich, Avalahali, Bangalore, Limited-India				
Albendazole Tablets	Bluecross laboratories-India				
	Indoco Remedies Ltd, India				
	Elys Chemical Industries-Kenya				
	Mercury Healthcare-India				
	Lincoln Pharmaceuticals-India				
	Shin Poong Pharmaceuticals-Korea				
	Arlico-Korea arlico Pharm.co.,Ltd-Korea				

	Win Medicare Pvt. Ltd, India.
	Shelys Pharmaceuticals Ltd, Tanzania
Diclofenac/	Zenufa Laboratories Ltd, Tanzania
Paracetamol Tablets	Keko Pharmaceuticals Industries (1997) Limited Tanzania
	Lincoln Pharmaceuticals Ltd, India
	Nabiqasim Industries (PVT) Ltd, Pakistan
Dexamethasone/	Ivee Infusions EPZ Limited, Kenya
Neomycin Eye/Ear Drops	Amman Pharmaceutical Industries Co., Jordan.
	Abacus Parenteral Drugs Ltd, Uganda

# 4.3.2 Veterinary Medicine

Likewise, samples of Oxytetracycline10% were from five (5) manufacturers and nine (9) for Oxytetracycline 20% as depicted in table 6 below.

Table 6: Veterinary medicines sampled with respective manufacturer(s)						
	Farvet Laboratories, The Netherland					
Oxytetracycline 10% Powder for Oral and	Hebei Yuanzheng Pharmaceuticals Company Ltd, China					
Solution for Injection	Chongqing Fangtong Animal Pharmaceuticals, China					
	Norbrook Laboratories Limited, Northern Ireland					
	Inter Chemie Werken, Holland.					

	Farvet Laboratories, Holland
	Hebei Yuanzheng Pharmaceuticals Company Ltd, China
	Chongqing Fangtong Animal Pharmaceuticals, -China
	Farmers Centrer Ltd, Tanzania
Oxytetracycline 20%	NUTEC, UK.
Powder for Oral and	Alfavet Animal Healthcare Ltd, UK
Solution for Injection	Nerix Pharma Ltd, Kenya
	Ceva Sante Animale, France
	Vetcare Africa, Kenya
	Anglian Nutrition, United Kingdom

From table 7 below, majority 54% (182/137) of the human medicines sampled were imported. About 77.1% of Diclofenac/Paracetamol tablets sampled were from domestic manufacturer.

In addition, most of the samples of Albendazole tablets 34.4% (42/122) were imported from India and Dexamethasone/ Neomycin 42.7% (32/75) from Uganda.

Table 7: Percentage of Sampled Human Medicines that were Imported and  Domestically  Manufactured							
Type of Product	Number of samples	Domestically Manufactured	Percentage (%)	Imported	Foreign manufactured (Country of origin)	Percentage (%)	
Albendazole	122	47	(47/122)	15	Kenya	(15/122) 12.3%	
		38.5%	5	S. Korea	(5/122) 4.1%		
				42	India	(42/122) 34.4%	
				13	S. Africa	(13/122) 10.7%	

Diclofenac/ paracetamol	140	108	(108/140) 77.1%	32	India	(32/140) 22.9%
Dexamethasone/	75	0	(0/75) 0%	32	Uganda	(32/75) 42.7%
neomycin				29	Kenya	(29/75) 38.7%
				2	Jordan	(2/75) 2.7%
				12	Pakistan	(12/75) 16.0%
Powder for solution						
Total	337	155	(155/337) 46.0%	182		(182/337) 54%

For veterinary medicines sampled, about 93% (122/130) were imported out of which 53% (38/72) were Oxytetracycline 20% and 76% (44/58) were Oxytetracycline 10% and these were mainly from China (table 8 below).

Table 8: Percentage domestically man	ge of sar	-	terinary me	dicines	that were imp	orted and
Type of Product	Number of samples	Domestically Manufactured	Percentage (%)	Imported	Foreign manufactured (Country of origin)	Percentage (%)
				3	Netherland	(3/58) 5.2%
Oxytetracycline	58	0	0	44	China	(44/58) 75.9%
10%				4	Northern Ireland	(4/58) 6.9%
				7	Holland	(7/58) 12.1%

				3	Holland	(3/72) 4.2%
				38	China	(38/72) 52.8%
Oxytetracycline	72	7	(1/72)	9	Kenya	(9/72) 12.5%
20%			1.4%	13	United Kingdom	(13/72) 18.1%
				1	France	(1/72) 1.4%
Total	130	7	(7/130) 5.4%	122		(122/130) 93.8%

#### 4.3 Screening Testing (Tier I) Results

#### 4.3.1 Product Information

Review of information on the labels and package inserts of the samples of human and veterinary medicines was carried out against the approved labels and inserts of the respective products.

A total of 337 samples of human medicines were reviewed and found to have at least one deficiency. Eleven (11) deficiencies were observed on labelling and package inserts requirements of which the highest (208) being missing list of excipients in the package inserts, and the lowest (1) was unapproved language on the label. Among the three (3) sampled products, Diclofenac/Paracetamol contributed highest (120) package inserts. with missing list of excipients.

The detailed results are shown in figure 2 below and annex IV.

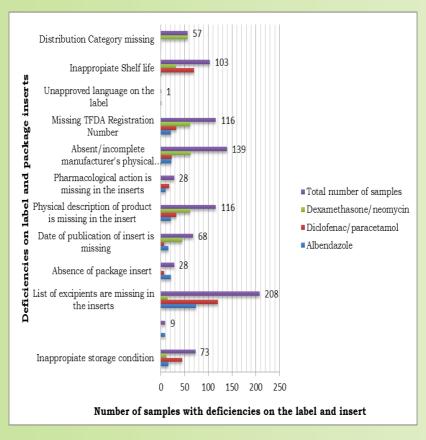


Fig 2: Number of human medicines with deficiencies on the labels and package inserts

For the veterinary medicines, a total of 130 samples were reviewed and found to have at least one (1) deficiency. Notably, 11 deficiencies were observed on the labels and package inserts of which the highest (86) was inappropriate storage condition and the least was (2) incorrect label artworks. The detailed results are shown in figure 3 below and annex V.

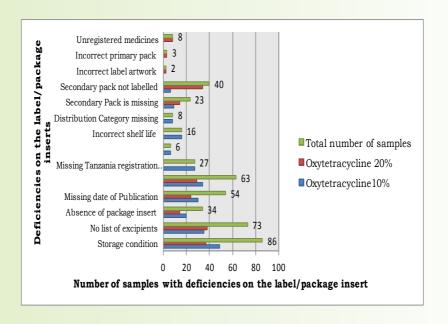


Fig 3: Number of veterinary medicines with deficiencies on the labels and package inserts

### 4.3.2 Visual Inspection

All samples collected for human and veterinary medicines were visually checked and results showed that most samples passed the test except eight (8) samples of Diclofenac/Paracetamol tablets which failed as they were having brown spots on the tablets.

# 4.3.3 Disintegration and Identification Test by TLC

A total of 122 samples of albendazole tablets were subjected to disintegration and identification tests by TLC and all samples passed the tests. Therefore, only 10% of the samples of Albendazole were taken for Tier II confirmatory testing.

Samples of human medicines namely Dexamethasone/ Neomycin eye/ear drops and Paracetamol/Diclofenac tablets and veterinary medicines namely Oxytetracycline 10% & 20% injection and powder for solution were not subjected to screening tests due to absence of GPHF minilab methods. Hence all samples were taken for Tier II confirmatory testing as shown in table 10 below.

Table 10:	Number of Samples	Selected for C	Confirmatory	Testing
Category of medicine	Product name	Collected	Expired	Samples selected
	Albendazole	122	0	13* (6%)
Human	Diclofenac / Paracetamol	140	1	139 (63%)
medicines	Dexamethasone / Neomycin	75	5	70 (31%)
	Total	337	6	222
Veterinary	Oxytetracycline 10%	58	0	58 (45%)
medicines	Oxytetracycline 20%	72	1	71 (55%)
	<b>Fotal</b>	130	1	129

Note: \* obtained from 10% of samples passed screening test (122)

# 4.4 Confirmatory Testing (Tier II) Results

As shown in table 10 below, a total of 222 samples of human medicines were taken for confirmatory testing, of which 63% (139) were samples of Diclofenac/Paracetamol tablets, 31% (70) Dexamethasone/Neomycin eye/ear drops and 6% (13) Albendazole tablets. However, six (6) samples one (1) for Diclofenac/Paracetamol tablets and five (5) for Dexamethasone/Neomycin eye/ear drops were not tested because they had expired. A total of 222 samples comprising of Albendazole (13), Diclofenac/Paracetamol (139) and Dexamethasone/Neomycin (70) were tested, out of which 5.9% (13/222) failed to comply with compendial/manufacturer's specifications. Among the failure, dissolution test contributed 4.1% (9/222) and assay contributed 0.5% (1/222).

Table 11: Confirmatory testing results of human medicines

Type of Medicine	Tested	Identification (HPLC)	ation	Disinte	gration	Disintegration Dissolution test	ion test	Related Substance	ə	Sterility		Assay		Bioassay	
		Passed	Failed	Passed	Failed	Passed	Failed	Passed	Failed	Passed	Failed	Passed	Failed	Passed	Failed
Albendazole chewable tablets	13	13	0	13	0	4	6	0	0	0	0	13	0	0	0
Paracetamol + Diclofenac tablets*	139	139	0	136	ю	0	0	139	0	0	0	138	1	0	0
Dexamethasone + Neomycin eye/ear drops	70	70	0	0	0	0	0	0	0	70	0	70	0	70	0
Total	222	222	0	149	ю	4	6	139	o	02	0	221	1	70	0

# *Note: 'x' test not applicable*

Also, a total of 130 samples of veterinary medicines were collected, of which 129 samples were taken for confirmatory testing while one (1) sample of Oxytetracycline 20% was not tested because it had expired.

Samples of Oxytetracycline 10% were tested for identification and assay while oxytetracycline 20% were tested for identification, assay and sterility as shown in figure 4 below. Results shows that, all samples of Oxytetracycline 10% passed identification and assay tests whereby 7/71 (9.9%) of Oxytetracycline 20% did not comply with assay test.

Figure 4: Confirmatory test results for veterinary medicines



#### 5. DISCUSSION

In this survey samples of human and veterinary medicines were collected in ten (10) regions as per sampling plan. About 75% of the samples were collected which is less than what was planned due to unavailability of the medicines at the time of collection. Similar findings were observed in the previous PMS programme reports [3].

It was noted that, majority of samples were collected from Dar es Salaam, Mwanza and Arusha as these are cities with high business volume and the later two with high livestock population [1].

Notably, contribution of private sector was found to be higher than public sector as observed in this survey that, large numbers (78%) of human medicines were sampled from private pharmacies. Similar findings were reported in previous surveys conducted in Kenya and Tanzania [3, 4, 5, 6]. Similarly, all veterinary medicines were from private pharmaceutical outlets since currently there is no public supply mechanism for veterinary medicines.

As noted earlier in the previous PMS survey, large quantity of the surveyed samples for both human (54%) and veterinary medicines (93%) were imported [5, 6]. This is justified by the fact that domestic manufacturing facilities in Tanzania still have low capacity (20-30%) to serve the country's medicines demand [5,6,7]. However, this was not the case for combination of Diclofenac/Paracetamol tablets where majority of the surveyed

samples were domestically manufactured.

Significant failure to adhere with labelling requirements and information presented on the package inserts observed in this survey is supported by similar findings in previous studies [6, 7]. The most notable discrepancy on the samples of human medicines was absence of list of excipients on package inserts and inappropriate storage statement for veterinary medicines [8]. This still shows that manufacturers do not comply with the labelling and package inserts requirements as provided for in the Guidelines for Submission of Documentation for Marketing Authorization of Human and Veterinary Pharmaceutical Products [1].

Unapproved shelf life was also observed for some of the samples of human and veterinary medicines. This can be explained by the reason that manufacturers make changes to the product labels, package inserts and sometimes extend shelf lives without filling variation to TFDA. Moreover, failure of manufacturers to print registration numbers on labels was also observed and this poses significant risk of introducing falsified medicines on the market.

Some samples of Diclofenac/Paracetamol tablets with brown spots were found on the market hence the products failed physical examination. Much as dissolution test was not one of the requirements for testing Albendazole at the time of approval, this parameter has been tested as per the current pharmacopoeial standards and result shows that 69.2% (9/13) of samples failed the test.

Nevertheless, since only 2.1% (3/139) of the samples tested failed dissolution and 0.2% (1/139) assay testing, this signifies that the percentage failure rate was insignificant.

# 6. REGULATORY ACTIONS TAKEN

The following regulatory actions were taken by TFDA:

- 6.1 Batches of Diclofenac/Paracetamol tablets and Oxytetracycline 20% which failed the tests were withdrawn from the market and manufacturers were directed to conduct thorough investigation to find out the root cause of the problem.
- 6.2 Importation of future batches of the identified poorquality products has been suspended until after manufacturers have submitted their investigative reports.
- 6.3 Warning letters were issued to marketing authorization holders whose products failed to meet labelling and package inserts requirements.
- 6.4 MAH was requested to submit applications for variation to include dissolution test for albendazole chewable tablets as one of the parameters to be tested at release of the finished product.

### 7. CONCLUSION

Survey results have led to a better understanding of the quality status of the medicines on the market and facilitated detection of substandard medicines circulating on the market.

It can be inferred that the manufacturers of the human and veterinary medicines have observed the laboratory quality standards of their products with exception of some few batches of Albendazole tablets, Diclofenac/Paracetamol tablets and Oxytetracycline 20%. However, all manufacturers are argued to adhere to the Tanzania Food, Drugs and Cosmetics (Registration of Medicinal Products) Regulations 2015, due to the existence of high failure rate on the labelling and package inserts requirement.

This has also contributed towards evidence-based regulatory actions and emphasizes further the need for constant and continuous surveillance of the medicines by both the Authority and manufacturers to ensure that only good quality medicines are circulating on the Tanzanian market.

### 8. LIMITATIONS

Limitations encountered during implementation of the programme including writing up of the report were;

a) As results of limited capacity of TFDA Quality Control Laboratory, analysis of samples collected took long time and at the time of releasing analytical results the identified batches of substandard medicines were not available on the market.

- b) Insufficient samples collected from the planned sampling sites compared to the targeted number due to unavailability of products.
- c) Delays in procurement process of reagents and chemicals which contributed to stock-piling of the collected samples and hence expiration of the samples before confirmatory testing that caused decrease in the number of analysed samples and delay in completion of analysis as planned.

### 9. AREAS FOR IMPROVEMENT

- a) Before embarking on sample collection, sample collectors should be trained appropriately on how to conduct sampling. In addition, reviewers of product information should be re-trained so as to avoid improper recording of deficiencies observed during product information review.
- b) Preparation for PMS plan should take into consideration the practicability of time taken to process the collected samples and laboratory analysis.
- Laboratory consumables and reagents should be procured/purchased in time so that PMS implementation plan is not affected.
- d) The system for storing and keeping medicines registration data including variations should be updated and updated information and retained samples of the registered medicines should as well be readily available when needed.

- e) The procedure for conducting screening should be revised to accommodate products which do not have minilab screening methods so as to have a clearly scientific justification for selecting samples for confirmatory testing.
- f) TFDA Zone Offices should give priority on investigating and supervising recall of the identified substandard and/ or falsified medicines and submit the report to DMC as requested.
- g) Products that were found to have highest failure rates (more than 50% of the surveyed samples) should be included in the next programme.

### 10. REFERENCES

- 1. Guidelines for Submission of Documentation for Marketing Authorization of Human and Veterinary Pharmaceutical Products.
- 2. Guidelines for Good Manufacturing Practices (GMP 2008)
- 3. TFDA (2016), Post Marketing Surveillance Report of the Quality of Selected Medicines under phase III-IX of 2011-2013 PMS Program. Tanzania Food and Drugs Authority, Dar-es-Salaam, Tanzania.
- 4. Mwathi Martha Wangu and Ben Onyango Osuga (2014); Availability of essential medicines in public hospitals: A study of selected public hospitals in Nakuru Country,

Kenya; African journal of pharmacy and pharmacology.

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- 7. TFDA (2016), Post Marketing Surveillance Report of the Quality of Antimalarial, Anti-Retroviral and Anti-Tuberculous Medicines Circulating in Tanzania for the year 2012-2015. Tanzania Food and Drugs Authority, Dar-es-Salaam, Tanzania.
- 8. ICH Stability Zones: <a href="http://www.pharmaguideline.com/2010/12/different-climatic-zones-for-stability.html">http://www.pharmaguideline.com/2010/12/different-climatic-zones-for-stability.html</a> accessed on 24<sup>th</sup> January 2017.

## 11. ANNEXES

Annex I: Sampling plan

Annex II: Sample collection form

Annex III: Screening Form

Annex IV: Detailed description of the failures on the label and package inserts of samples of veterinary medicines

# Annex I: Sampling Plan

# SAMPLING PLAN FOR PHASE V-VI

GIONS	Cost			100000	120000	280000	100000		120000	280000
HINYANGA RE	Unit cost			2000	0009	0002		2000	0009	7000
1.2 SAMPLING PLAN FOR CONDUCTING PMS OF OXYTETRACYCLINE 10% & 20% IN ARUSHA, MANYARA, MWANZA AND SHINYANGA REGIONS	Total number of samples to be collected			20	20	04		20	20	40
RUSHA, MANYARA	Number of unit pack per batch be collected			10	10	Vc		10	10	20
20% IN A	Unit Pack			Bottle	Bottle	Sochat		Bottle	Bottle	Sachet
CLINE 10% &	Number of batch per brand to be collected			1	1	-	1	1	1	1
YTETRACY	Number of brand to be collected			Ø	Ø	c	1	2	2	24
PMS OF OX	Strength		plier	10%	20%	7000		10%	20%	20%
IDUCTING	Dosage Form		nt agent/ sur	Injection		Powder	Injection			Powder
PLAN FOR COP	Product		National and Private Procurement agent/supplier	Oxytetracycline			Oxytetracycline Injection			
SAMPLING	Product Category	el	National and	Antibiotic			Antibiotic			
1.2	Sampling sites	Regional Level	Level 1	Importer/ Wholesale pharmacy			Veterinary			

Antil	Antibiotic	Oxytetracycline Injection	Injection	10%	6		. Bottle	10	20	2000	100000
				20%	2	1	Bottle	10	20	0009	120000
			Powder	20%	2	1	1 Sachet	20	40	7000	280000
Antil	Antibiotic	Oxytetracycline	Injection	10%	2	1	Bottle	10	20	2000	100000
				20%	2	1	Bottle	10	20	0009	120000
			Powder	20%	2	1	Sachet	20	40	7000	280000
					24						2000000

District											
Level District 1											
Wholesale	Antibiotic	Antibiotic Oxytetracycline Injection	Injection	10%	21	1	Bottle	10	20	2000	100000
pharmacy				20%	2	1	Bottle	10	20	0009	120000
			Powder	20%	2	1	Sachet	20	40	7000	280000

Veterinary	Antibiotic	Oxytetracycline	Injection	10%	7	1	Bottle	10	20	2000	100000
clinic				20%	23	1	Bottle	10	20	0009	120000
			Powder	20%	2	1	Sachet	20	40	7000	280000
Retail	Antibiotic	Oxytetracycline	Injection	10%	2	1	Bottle	10	20	2000	100000
pharmacy				20%	2	1	Bottle	10	20	0009	120000
			Powder	20%	2	1	Sachet	20	40	7000	280000
ADDO Vet.	Antibiotic	Oxytetracycline Injection	Injection	10%	2	1	Bottle	10	20	2000	100000
				20%	2	1	Bottle	10	20	0009	120000
			Powder	%07	2	1	1 Sachet	20	40	0002	280000
Subtotal					24						2000000
			Total c	ost of p	urchasi	Total cost of purchasing sample per region	le per r	egion			4,000,000.00
		•	Total co	st of pu	ırchasir	Total cost of purchasing sample in 4 regions	e in 4 r	egions			16,000,000.00
	Nu	Number of regions involved	volved			4					
Ex	rpected numbe	Expected number of batches to be collected per region	collected per	region		48					
Total n	number of batc	Total number of batches to be collected in 4 regions (i.e $48x 4$ )	1 in 4 regions	(i.e 48x 4)		192					

# **Annex II: Sample Collection Form**

# MEDICINES POST MARKETING SURVEILLANCE SAMPLE COLLECTION FORM

1.	Sample code:
	(Region/product/sequence number/sampling date ddmmyy)***
2.	Name of Premises where sample was taken:
3.	Physical AddressPostal address
	Telephone NoFax No
	Email address (If applicable)
4.	Product name of the sample:
5.	Name of active pharmaceutical ingredient(s) (INN) with
	strength:
6.	Dosage form (tablet, oral powder, etc):
7.	Package size & type:
8.	Batch/lot number:
9.	Name and physical address of the manufacturer:
10.	Number of units collected
11	Is the product registered in Tanzania? Yes/ No. If Yes

indicat	e the registration number:
12.	Comment on storage condition of product at the premises:
13.	Name and signature of the Representative of the premise where sample was collected:
	Name

14. Name of Drug Inspector (s)/Sampling officer

S.No	Name	Organization	Signature	Date

Note: Samples collected must remain in their original containers.

# **Annex III: Screening Form**

# TANZANIA FOOD AND DRUGS AUTHORITY DIRECTORATE OF LABORATORY SERVICES MEDICINES QUALITY ASSURANCE CENTERS

	Compliance with the basic requirements for information
	accompanying the product and report on Minilab testing
P	roduct name:

INNs:
-------

1- External packaging	Information present on the	label
Product name	YES NO	
INN	YES NO	
Strength	YES NO	
Batch number	YES NO	
Expiry date	YES NO	
Manufacturer		
Name & Physical address		
Storage conditions		

2- Primary packaging	Information pre	esent on the label
Product name	YES	NO
Strength	YES	NO
Unit dose per blister or container stated	YES	NO
Batch number	YES	NO
Expiry date	YES	NO
Manufacturer name		
(specify only if different from the external packaging under point 1)	YES	NO

3- Package leaflet		
Presence of the leaflet	YES	NO
Language(s) of the leaflet		
Composition	YES	NO
Manufacturer name & physical address	YES	NO
(specify only if different from the external packaging under point 1)		

Storage conditions (specify only if different from the external packaging under point 1)	YES	NO	
4- Observation on any o	-	•	above points
E Donout on Minilah ta	otina		
5- Report on Minilab te	esting		
5- Report on Minilab te		ION TEST	
	INSPECT	ION TEST	
PHYSICAL/VISUAL	INSPECT form	ION TEST	
PHYSICAL/VISUAL  Description of dosage  Shape (circular, oval, fi	INSPECT form	ION TEST	
PHYSICAL/VISUAL  Description of dosage  Shape (circular, oval, flother)	INSPECT form	ION TEST	
PHYSICAL/VISUAL  Description of dosage Shape (circular, oval, flother)  Uniformity of shape	INSPECT e form lat sides,	ION TEST	

**DISINTEGRATION TEST** 

Time of complete complete Did	Time i the drug pass	n minute of
Disintegration expected disintegration test?	egration observed	
(30 minutes for uncoa	ted tablet)	
Yes No		
RESULT OF TLC TES interpretation)	<b>T</b> (see Appendi	ix 2 for TLC result
Rf Standard ():		
Rf Standard ():	Did the drug	
Rf Standard ():	and the standard	Did The sample
Rf Standard ():	Spots have the same	pass quality by using the TLC Test?
	intensity?	Yes No
Rf Sample (1):		
Rf Sample (2):		
Rf Sample (3):		
Rf Sample (4):	Was there any contaminant spot on TLC?	

FINAL COMMENTS	
The sample conformed with specifications	basic testing
The sample not-conformed w (Reason:	
The sample is doubtful for its (Reason:	
REPORT PREPARED BY:  Date:  Name:  Signature:	REPORT REVIEWED BY: Date: Name: Signature:
ACTION TO BE TAKEN BY THE MEDICINES QUALITY ASSU	
Report the result to TFDA  Date of report	Send the remaining sample units together with this Form to the TFDA QC lab for further testing  Date
	Signature

Reasons given for the chosen action

# ANNEX IV: Result of Product Information Review of human medicine

Deficiencies on the labels and package inserts	Albendazole	Diclofenac/paracetamol	Dexamethasone/neomycin	Total number of samples	% per total number of samples
Storage condition					
Storage temperature below 25°C	6	30	12	48	14.2% (48/337)
Storage condition not specified in numerical figures	10	0	0	10	3% (10/337)
Storage condition not included on the insert	0	15	0	15	4.4% (15/337)

Manufacturing date, expiry date and batch number							
Lack of batch number, manufacturing and expiry date on secondary pack	9	0	0	9	3% (9/337)		
Batch number, mfg and expiry date erasable	19	0	0	19	6% (19/337)		
Package Insert information							
No list of excipients	74	120	14	208	62%(208/337)		
Absence of package insert	21	7	0	28	8%(28/337)		
Missing date of publication	16	7	45	68	20.2%(68/337)		
Missing product physical description	21	33	62	116	34.4%(116/337)		
Missing pharmacological action of product	10	18	0	28	8.3%(28/337)		
Manufacturer address							
Incomplete name and physical address of the manufacturer on primary pack	0	0	1	1	0.3%(1/337)		

Name & address of FPP manufacturer not included	16	0	0	16	5%(16/337)
Manufacturing plot number is missing	6	0	0	6	2%(6/337)
Street and block address missing	0	23	62	116	34.4%(116/337)
Missing Tanzania registration number	21	33	62	116	34.4%(116/337)
Unapproved language on the label	1	0	0	1	0.3%(1/337)
Inappropriate shelf life					
Shelf life 48 months is different from the one approved	1	0	0	1	0.3%(1/337)
Shelf life indicated 48 months instead of 24 months	0	57	0	57	17%(57/337)
Shelf life indicated 30 months instead of 24 months	0	0	32	32	9.5%(32/337)
Shelf life indicated 4 years instead of 2 years	0	13	0	13	4%(13/337)
Distribution Category missing	0	0	57	57	17%(57/337)

# ANNEX V: Results of Product Information Review of veterinary medicine

# Storage condition

Storage at temperature below 25°C	49	35	84	64.62% (84/130)
Storage at temperature at 15°C-25°C	0	2	2	1.54% (2/130)

# **Package Insert information**

No list of excipients	35	38	73	56.15% (73/130)
Absence of package insert	20	14	34	26.15% (34/130)

Missing date of Publication	30	24	54	41.54% (54/130)
Missing product physical prescription	34	29	63	48.46% (63/130)
Missing Tanzania Registration Number	27	0	27	20.77% (27/130)
Incomplete Registration Number (TAN 09, 237 J01A) instead of TAN 09,237 J01A TAN	6	0	6	4.62% (6/130)
Shelf life indicated on the label 36 & 37 months instead of 24months	16	0	16	12.31% (16/130)
Distribution Category missing	8	0	8	6.15%(8/130)

# Secondary pack

Secondary Pack is missing	9	14	23	17.69%(23/130)
Secondary pack not labelled	6	34	40	31% (40/130)

The artwork of the sample label was different from the one approved by TFDA	0	2	2	1.54% (2/130)
Primary packaging used is different from the one approved by TFDA	0	3	3	2.31% (3/130)
Product not Registered	0	8	8	6.15% (8/130)

(Footnotes)

1 Action to be taken and communication between should be dependent on country's rules and regulations.

